# Master Chef Rudi Sodamin Recommends 

## Caramelized Orange and Grapefruit Cocktail gourmet vegetarian

Citrus fruit segments dusted with brown sugar and placed under the broiler, mixed with diced melon and a tequila drizzle

Apple, Pear and Cucumber Salad gourmet vegetarian Marinated in fruit juices and arranged on frisée, with dried cherries and a Blue cheese crouton

* Filet of Beef Wellington

Mouthwatering tenderloin of beef topped with a duxelles of duck liver and mushrooms, wrapped in a puff pastry, served on a mirror of Madeira sauce with duchess potatoes and a medley of green asparagus and Chinese pea pods

## Available Daily

## French Onion Soup "Les Halles"

A Parisian classic of golden simmered onions topped with melted Gruyère cheese

## Classic Caesar Salad

Crisp romaine tossed with our very own
Caesar dressing, grated Parmesan cheese,
garlic croutons and anchovies
*Grilled Coho Salmon
Basted with a soy-ginger glaze, served with wasabi
mashed potatoes and seasonal vegetables

Perfectly Grilled Breast of Chicken
A lightly seasoned boneless breast with red-skin potatoes, steamed broccoli and carrots

Your choice of:
Sun-dried Tomato Pesto or Mushroom Demi-glace
*8 oz. New York Strip Loin Steak
Accompanied by sautéed mushrooms, fresh green beans and garlic-spiked mashed potatoes

Idaho Baked Potato * White Rice * Steamed Vegetables

## Today's Wine Recommendation

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## Appetizers

## Caramelized Orange and Grapefruit Cocktail gourmet vegetarian

Citrus fruit segments dusted with brown sugar and placed under the broiler, mixed with diced melon and a tequila drizzle

## Lobster Parisienne

Chilled Maine half-lobster accompanied by vegetable yogurt salad and garlic aïoli dressing

* Carpaccio of Beef Tenderloin

Razor-thin slices drizzled with fruity olive oil, topped with shaved Reggiano-Parmigiano cheese and accompanied with a robust whole grain mustard sauce

Double-Baked Cheese Soufflé gourmet vegetarian
With arugula and roasted bell peppers

## Soups and Salad

Roasted Shallot and Butternut Squash Soup gourmet vegetarian
Topped with red beet crisps
Chicken and Wild Rice Soup
Wild rice with chunks of chicken in a flavorful chicken broth
Chilled Coconut Nutmeg Soup gourmet vegetarian A blend of coconut, yogurt, milk and vanilla finished with a dash of nutmeg

Apple, Pear and Cucumber Salad gourmet vegetarian Marinated in fruit juices and arranged on frisée, with dried cherries and a Blue cheese crouton

Choice of Dressing: Olive Oil \& Balsamic Vinegar, House Italian, Thousand Island, Blue Cheese, Asian Sesame Ginger or fat-free Italian

## Entrées

Ribbon Zucchini Risotto gourmet vegetarian
Sautéed zucchini ribbons blended with creamy Parmesan risotto, finished with a roasted red pepper rouille

## Blackened Chicken Caesar

Crisp romaine tossed with creamy garlic dressing, sprinkled with Parmesan cheese and crunchy seasoned croutons, topped with slices of blackened grilled chicken breast

## * Sea Bass Sauté

Tender fish fillet topped with red onion, lemon, and capers, served with a crispy polenta cake, green beans and julienne of red bell pepper

## * Filet of Beef Wellington

Mouthwatering tenderloin of beef topped with a duxelles of duck liver and mushrooms, wrapped in a puff pastry, served on a mirror of Madeira sauce with duchess potatoes and a medley of green asparagus and Chinese pea pods

* Roasted Rack of Veal

Roasted until tender and encased in a crispy basil coating, accompanied by a rich forest mushroom sauce, Parisian vegetables and garlic mashed potatoes

## Quail with Apricot Bread Stuffing

Tender quail stuffed with Grand Marnier-scented apricot breading, served on a Port wine reduction with Savoy cabbage, roasted potatoes and cherry tomatoes

Oven-Baked Eggplant Parmigiana gourmet vegetarian
Slices of eggplant breaded with a Parmesan crust, layered with Provolone cheese and baked in the oven, served with spaghetti tossed in marinara sauce


[^0]:    * The US Food and Drug Administration advises that eating uncooked or partially cooked meat, seafood, shellfish, milk, poultry and/or eggs may increase your risk for food borne illness especially if you have certain medical conditions

